

Beamsville Strawberry Festival Association

Pampering Fest Queen For A Day

Would you like to win tickets to Pampering Fest? Through Astral Media, you can win Pampering Fest tickets but that's not all . . . one lucky lady will win the chance to be the Pampering Fest Queen for a Day and receive over \$1,500 in treatments and prizes (listed below). Plus there will be some prizes for up to 3 friends in her entourage! The prize will also include two bottles of wine from the Beamsville Strawberry festival Association and 4 Pampering Fest tickets.

There are two ways to enter to win. First, listen to EZ Rock at 105.7FM for your chance to win tickets. If you win, you are entered into the draw. Or go to their website at www.1057ezrock.com where you can enter the contest daily from Jan 10th to 21st. Good luck . . . and see all you ladies at Pampering Fest!

Name & Type of Business	Contact Info	Prize Donation
Absolute Natural Health (Homeopathy & Iridology)	Dr.homeopathy@sympatico.ca www.absolutenaturalhealth.ca	* a complimentary Homeopathic and Iridology consultation from a Doctor of Homeopathic Medicine (\$150 value)
Ask Jewelee (Tarot/Psychic Readings, New Age Gifts & Supplies)	jewelee@askjewelee.com www.askjewelee.com	* an in-store gift certificate for a free tarot/psychic reading. * For 2 friends of the Queen, 2 friends \$10.00 off a full reading (regular price \$40)
Avon (Beauty Products)	Avon_mollywilliams@hotmail.com	* a three piece package of Avon's ANEW line of anti-aging products (introducing "Rejuvenate") that includes a revitalizing cleanser; a Flash Facial; and a Mineral Facial Rinse-Off Treatment.(Value \$91.00)
Beams of Light (Yoga)	info@beamsflight.ca www.beamsflight.ca	* 1 month free yoga and or Nia classes (Value: \$75)
Blossom Bakery (Sweet & Savory Baking)	jackieherdan@live.com	* a tray of baked goods
Chocolate FX (Chocolate)	bonnie@chocolatefx.ca www.chocolatefx.ca	* heart box of chocolates (\$36 value)
Dalhousie Health & Wellness (Chiropractic/Acupuncture/Massage)	Dr.M.Hodges@gmail.com www.DalhousieHealthAndWellness.com	* a gift certificate for a complimentary chiropractic and acupuncture initial assessment and treatment (valued at \$80)
DnG Health Wize (Healthy Custom Fit Bras)	dnghealthwize@cogeco.ca www.dnghealthwize.com	* \$50 off a healthy custom fit bra for the Queen * a free under pantie with a stretch lace band for the friends
Falcon's Way – Jewellery Appraisers (Fine Jewellery Appraisals, Custom Designs & Estate Jewellery)	Sylvia@falconsway.ca www.falconsway.ca	* a gift certificate for Replacement Value Jewellery Appraisals with photographs and a Bottle of Jewellery Cleaner (\$90 value) * Bottle of Jewellery Cleaner for a friend (\$10.00 value)
Fifth Avenue Collection (Jewellery)	tcoates@facmail.com www.fifthavenuecollection.com/traceycocates	* a necklace (silver and Swarovski crystal) to the winner. * Three 25.00 gift certificates to the friends that can be redeemed if they book a home party
Gesundheit! Niagara Juice Company (Pure Premium Baco Noir & Vidal Grape Juice)	gesundheit@sympatico.ca www.niagarajuicecompany.com	* a basket of bottles of Baco Noir and Vidal Grape Juices
Girlnola Inc (Packaged Organic Gluten-free Healthy Snacks)	info@girlnola.com www.girlnola.com	* a "Ultimate Girlnola" gift basket full of girlnola gluten-free, organic healthy and delicious granola, trail mix and truffles (\$60 value)
Grace Community Church (Church)	daveneq@hotmail.com	* Woman's Devotional book for the Queen
Healing Hands for the Sole	travelingnurse@cogeco.ca	* a free Indian Head Massage with Crystal

<i>(Indian Head Massage, Foot Massage with Detox)</i>		Healing 30 minute (value \$25) * a healing gift bag for the body and soul filled with herbal products, crystal healing meditation card and a discount coupon for 50 percent off one of the services I provide redeemable after Pampering Fest, with the service being offered in my home day spa or their home
Heather MacIvor <i>(Massage Therapy)</i>	Heather_thaimassage@hotmail.com	* a one hour massage therapy treatment to the winner
K. McMillan Fine Art <i>(Jewellery & Art)</i>	kristalmcmillan@hotmail.com www.kristamcmillan.com	* a pair of earrings and a necklace . Value \$35
L'Exquisite Day Spa <i>(Healthy Chocolate Xocai, Weight Loss & Wraps)</i>	info@lexquisite.ca www.lexquisite.ca	* two free herbal detox body wraps for the Queen * 4 Certificates that to get a discount on a wrap or a free wrap if they host a party
Law of Attraction Canada <i>(Seminars, Workshops, Coaching for Weight Loss)</i>	Kstocker2@cogeco.ca www.Lawofattractionwdrkbooks.com	* a coaching package * half price coaching package to a friend of the Queen
Maximum Recovery Centre <i>(Massage Therapist)</i>	Dthompson12@sympatico.ca	* ½ hour massage gift certificate for the Queen
Mel's Esthetics <i>(Aesthetics, Manicures, Pedicures & Waxing)</i>	www.melsesthetics.com	* a pedicure plus a basket of candles, mini polishes, creams and a gift certificate for a complimentary spa pedicure for the Queen
Melaleuca, The Wellness Company <i>(Eco Friendly Household & Personal Products)</i>	debrafrigault@rogers.ca www.PlanBexperts.com	* for the Queen, 2 boxes of Access Bars (fat burning Chocolate bars) and a free shopping membership (includes \$120 value in free products))
Melissa's Aloe Pet <i>(Skincare and Melissa's Aloe Pet & Skin Creme)</i>	Michele@melissascreme.com www.melissascreme.com	* a gift basket (\$50 value) for the Queen * three gifts (valued at \$15 each) for her friends.
My Spa Room at Laetitia <i>(Aesthetics, Manicures & Pedicures)</i>	lvucina@sympatico.ca www.mysparoom.ca	* Gift basket with Nail Spa goodies for the Queen including OPI creams, OPI nail lacquers, a mini set of their holiday favourites, nail files and a gift certificate to be redeemed at "My Spa Room" for a manicure (value \$40.00)
New Leaf Designs <i>(Home Staging)</i>	mara@newleafdesigns.ca www.newleafdesigns.ca	* Two garden stepping stones
Reiki for the Soul <i>(Reiki)</i>	reikiforthesoul@gmail.com www.niagarahealers.com	* a one hour Reiki gift certificate, an amethyst stone for healing; and pure bee's wax votive (value \$65) * friends of the Queen can have a 20 min Reiki treatment for \$20.00 plus a pen, magnet and soy wafer
Scentsy <i>(Wickless Candles)</i>	Ink63@cogeco.ca www.inky.scentsy.ca	* a \$25 gift certificate for Scentsy for the Queen
Strength Within <i>(Wellness Center (Hyponosis, Reiki, Belvaspata)</i>	Rebecca@strengthwithin.net www.strengthwithin.net	* a session for the winner and friend for Reiki or Belvaspata – their choice which. To be redeemed at the show (an \$85 value each)
The Hamilton Spectator <i>(Newspaper Subscription Sales)</i>	lrogers@thespec.com www.thespec.com	* a 3 month, 6 day, home delivery subscription for the queen
The Healing Practice <i>(Shaklee & Griffin Health and Fitness)</i>	www.griffinhealthandfitness.ca	* from Griffin Health and Fitness - one month on our toning tables - \$55 value. * from Shaklee - Hydrating Moisturizer (Oil-free emollient cream rich yet non-greasy for visible results immediately) and Hand and Body Lotion (Lightweight, quickly absorbed moisturizing treatment to protect and nourish skin).
The HeaLthy Self	rrysdae@cogeco.ca	* a 15 min Reiki boost at Pampering Fest.

<i>(Reiki/Kolbe)</i>		* Three ½ price treatments to the friends of the Queen (a 15 minute treatment @ .50/minute)
Thermography Clinic Niagara <i>(Pain-Free Breast Screening)</i>	thermographyclinicniagara@gmail.com www.thermographyclinicniagara.com	* A gift certificate for a breast screening (value \$250) * \$25 off for each friend that wants a thermography session (if they all book for the same time, coffee or tea & muffins supplied)
Tupperware <i>(Kitchenware)</i>	smithmajore@cogeco.ca http://my.tupperware.ca/smithmajor	* Chip N Dip set, value \$55.00 * some small items wrapped for the friends of the Queen